

## Video Interview Tips

The use of video interviews in the recruitment process are becoming increasingly popular, especially with larger corporations.

There are different video interview formats:

- Sometimes candidates go to an online system to answer a sequence of pre-recorded questions under timed conditions. You often only have one chance and cannot watch the video back.
- An employer sends you a list of questions and you film a clip of yourself answering them before sending the video to the organisation, e.g. via YouTube.

### Preparation

- Other environmental factors are important in a video interview, e.g. lighting, camera position, distance from microphone.
- Have a practice run by recording yourself answering questions on camera and watching it back to see where you can improve before submitting the real thing.
- Take inappropriate posters and décor down.
- You may not have been asked to dress formally, but doing so will show you mean business and are serious about the position.
- Have prompts in front of you to help you answer the questions – be careful not to constantly look down at them or rustle the paper.
- Often there can be technical issues, so set up your headphones and microphone before if possible and ensure your computer/laptop is plugged in or fully charged.
- Try to do your video interview at home in a quiet and suitable area, and make sure you won't be interrupted. If you can't do your Skype interview at home, try your local library or University Careers Services, but make sure you inform the interviewer in advance.

### During the Interview

- Body language is key: sit forward, smile and show eye contact.
- Speak clearly and not too quickly, be genuine and natural – it is easy to forget the simplest of actions which the interviewer will pick up on.